



### WORSHIP OPPORTUNITIES

#### SUNDAY

Worship-Taize Service with Communion-8:30 AM

Adult Bible Study (2 classes) and Children's Sunday School—9:30 AM

Lutheran Book of Worship with Communion 10:30 AM

American Sign Language at 10:30 AM service.

#### WEDNESDAY

6:00 PM Soup Supper

7:00 PM Lenten Services

### MARCH DATES

Mar 11—Daylight Savings Time Begins

Mar 11—Church Council

Mar 17—St. Patrick's Day

Mar 17—Moses Mountaineers

Mar 17—Pysanky Workshop

Mar 18—LWML Mar 19—St. Joseph, Guardian of Jesus

Mar 21—First Day of Spring

Mar 25—The Annunciation of Our Lord

### WINTER WEATHER POLICY

*In the event of inclement weather (ice, snow, sleet, etc) Pastor Saxe, President Graef and the Elders will make a decision whether to services should be cancelled, delayed, or held as scheduled. After the decision is made Pastor will leave a message on the answering machine on the church phone regarding services for that day. He will also send out a global email to everyone on his list. Congregational members may call an Elder that morning for information regarding the services.*

### CHURCH OFFICE HOURS



THE OFFICE IS OPEN THE FOLLOWING DAYS:  
MONDAY, TUESDAY, AND THURSDAY 10:00 AM UNTIL 2:00 PM  
WEDNESDAY 9:00 AM UNTIL 2:00 pm.  
FRIDAY—OFFICE IS CLOSED.

**BULLETIN DEADLINES ARE:** TUESDAY 2:00 PM to get in the following Sunday's bulletin  
SPECIAL REQUESTS OR BULLETIN INSERTS MUST BE TO DARLENE **ONE WEEK PRIOR** TO THE TUESDAY DEADLINE FOR THE SUNDAY BULLETIN.

REMEMBER:

DAYLIGHT SAVINGS TIME BEGINS MARCH 11 THIS YEAR.

QUILL DEADLINE MARCH 18



**OTHER MARCH DATES:**

**St. Patrick's Day—March 17**

St. Joseph, Guardian of Jesus,

**The Annunciation of Our Lord—** March 25: Observes the Angel's announcement to Mary that she would give birth to Jesus. (White)



**ATTENTION LADIES:** LWML will meet the third Sunday of March (the 18th) **IMMEDIATELY AFTER THE LATE SERVICE.**



The Trustees are planning a Spring Clean Up Day before Easter. There will be work to be done inside and out. Flower beds to clean up, weeds to pull, leaves and dead branches to pick up, windows to clean, etc. Wear your work clothes, bring your tools and Come on Down.

Saturday, March 24, 9:00 AM to ....

**MOSES MOUNTAINEERS:**

**NEXT HIKE DATE IS MARCH 17. DESTINATION AND DETAILS WILL BE ANNOUNCED IN THE BULLETIN. CONTACT JIM DERRICK FOR INFORMATION.**

**NEW MEMBERS:**

On Feb. 4, we received 6 new members into our fold. Please take time to meet and greet Bob and Deb Beckwith who transferred from Messiah Lutheran Church, Lincoln, NE, and Rob, Heather, Melanie and Jordan Freeland, from St. Paul Lutheran Church, Battlecreek MI. Already these members have become active members. Bob and Deb sing in the choir, Rob has taken the task of improving our Web site and Melanie is in the confirmation class. Do welcome our newest members.



Church Council meets Sunday, March 18 at 12:15 PM, or after the late service.



Soup and bread meals served before our Wednesday evening Lenten Services starts February 28, commencing at 6:00. There will be 5 suppers, February 28, March 7, March 14, March 21, and March 28. Sue Ellen Schulz is coordinating the dinners and asking for volunteers to make soups. Check with Sue Ellen to see what is needed.



## PYSANKY (UKRANIAN EASTER EGG) WORKSHOP

Instructor: Alexandria M Denny of Westminster, SC

Saturday March 17 2007

9:00 AM until 3:00 PM

At Lutheran Church of the Good Shepherd

1601 North Pleasantburg Drive

Greenville, SC 29609

(864) 244-5825

Beginners (includes all basic equipment) \$25.00

Repeaters (who have the basic tools) \$10.00

Please register by signing up at church or calling 244-5825 by Sunday Mar 3.  
Bring a lunch or plan to order something. Hot and cold beverages will be provided.

### NOTES FROM ALTAR GUILD:

**COPE:** A liturgical vestment or an ankle-length processional cloak or cape opened in front and fastened near the neck with a decorated clasp called a morse. It may be of any liturgical color. The Cope may be used by clergy or by lay liturgical ministers and has been used liturgically since the 9th or 10th century. The cope differs from the chasuble (See Feb. Quill) in that the chasuble is sewn together in front while the cope is left open.

History shows that in the earliest centuries a Cope was a garment for everyday wear. In the 800's it is recorded that the monks, at times, chose to set aside a special garment for use of the altar. By the 10th century the cope, made of rich material, was in general use in the ceremonies of the Church and had come to be regarded as the special vestment of cantors. The substitution of the cope for the chasuble in many functions was primarily due to the comparative convenience of a vestment opened in front, leaving the arms free. The chasuble became the proper vestment for the celebration of the Eucharist, but the cope took its place in lesser functions.

In most Lutheran denominations the cope is usually worn only for processions and Services of the Divine Office. The cope may be worn over albs or surplices for festive services of Morning and Evening Prayer and for ceremonial occasions, such as the procession in a wedding, funeral, ordination, installation, or confirmation. A cope is often worn by the cantor of the Easter Proclamation in the Easter Vigil and for various orders of blessing and dedication.

To learn more of the history of the cope check the web site "Wikipedia" and enter the word Cope.





Objectives: Serving others by washing their cars asking only that recipients "PASS ON" the good Deed to someone, thus promoting Good Will in the community. Who knows how far one deed will go??

**TIME: 10-2:00 ON A SATURDAY IN THE SPRING**  
(There will be a rain date).

NOTE: If you can only spare 1-2 hours it will still be helpful. (Just indicate times)

WE WILL NEED Washers/  
Rinsers/ (These jobs will be rotated)  
Dryers/

2 adults—We will need a couple of people to hand out the request sheets.

2 adults— to direct vehicles

3-4 to take care of refreshments and perhaps serve beverages to the outside crew.

The more people we can get involved the easier it will be—rotate breaks, jobs, etc.

GET INVOLVED/SIGN UP SHEETS ON THE BULLETIN BOARD IN THE NARTHEX.

## **"PASS IT ON" Carwash**

What's in it for us?

Okay, we're not accepting donations.....

We're not passing out handouts inviting folks to our church.....

What do WE get by supporting this event?

1. Probably a sore back and sore muscles
2. Definitely WET clothes
3. Sacrificing 2-4 hours of our Saturday time (a big one)
4. A wonderful feeling (doing a thing for another person)
5. Serving together with your fellow church members to promote good will in the community

What do they get by attending this event?

1. Obviously, a clean vehicle
2. A caring word
3. A friendly smile
4. A glimpse of Our Lord, through us, as we work in a servant role, to do a good deed for them simply because we are Christians.
5. For those who do "Pass it on" (A good feeling inside as they perform an act of kindness for someone else).

## **BITS AND PIECES**

5. **LUGHTS OUT:** Last one to leave the room, please turn out the lights. Thank you. Especially on the lower level. How many times have I gone downstairs after Sunday School and every light is still on. There have also been times when I have turned them off and gone back down and they were on again. The switches are by the stairway. If you are the last one out, flip the switch. .
1. **THE NEW 2007 CALENDAR** is up in the work room. If you are holding an event and need to use the facility, please mark the date on the calendar. That way you will know someone else is meeting at that time and can plan accordingly. This will prevent members being scheduled for two meetings at the same time on the same day (and it has happened).
2. **HOSPITAL EQUIPMENT:** If anyone has any type of hospital equipment, i.e. crutches, tub chairs, booties, (broken leg or foot) or anything else that a fellow member could use on a temporary basis, and would not mind loaning the item, please let Lib, Darlene or Sally know. These items would be on inventory only, and not stored in the church.
3. **PLACE OF HOPE:** needs blankets and travel size toiletries.  
**ADULT LEARNING CENTER:** needs: reading glasses and books, paperback pocket dictionaries and thesauri.  
**EMERGENCY ASSISTANCE FOOD PANTRY:** needs: Canned Corn, String Beans, Canned Meats, and grits
5. **FLOWER CHART:** Flowers are not used on the altar during Lent. There are blank dates for the Sundays after Easter. If you wish to donate an arrangement, write your name on the chart and give your information to Sally for the florist and bulletin. We can use two arrangements each Sunday. You may pick up your arrangements immediately after the late service.
5. **REFRESHMENTS:** If you haven't hosted refreshments recently consider signing the chart in the Narthex. **Elizabeth Bowen is the new coordinator of Refreshments. If you have any questions please check with her.**
6. **NURSERY: Workers are needed in the nursery during the 8:30 and 10:30 liturgies. Please see Antoinette Boller if you can commit to one Sunday a month.**

## **GREAT IDEA**

Put your car keys beside your bed at night. If you hear a noise outside your home or someone trying to get in your house, just press the panic button for your car. The alarm will be set off, and the horn will continue to sound until either you turn it off or the car battery dies. This tip came from a neighborhood watch coordinator. Next time you come home for the night and you start to put your keys away, think of this. It's a security alarm system that you probably already have and requires no installation. Test it. It will go off from most everywhere inside your house and will keep honking until your battery runs down or until you reset it with the button on the key fob chain. It works if you park in your driveway or garage. If your car alarm goes off when someone is trying to break into your house, odds are the burglar or rapist won't stick around...after a few seconds all the neighbors will be looking out their windows to see who is out there and sure enough, the criminal won't want that. And, remember to carry your keys while walking to your car in a parking lot. The alarm can work the same way there....This is something that should really be shared with everyone. Maybe it could save a life or a sexual abuse crime.

From the internet.

Mark your calendars for **Sunday, March 11, 2007** United Methodist Bishop Jack Meadors will be the **guest speaker at Greenville Worship Together at 5:00 at Buncombe Street UMC.** This **service will feature a variety of special music** and will **followed by a reception**

**LUTHERAN CHURCH OF THE GOOD SHEPHERD**  
1601 North Pleasantburg Drive  
Greenville SC 29609

RETURN SERVICE REQUESTED



2007



**OUR VISION  
SPIRITUALLY GROWING  
LITURGICALLY CELEBRATING  
MISSION MOTIVATED  
SERVING COMMUNITY  
FORGIVING**

**QUILL** is published by  
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## March 2007 Prayer List

Chris Johnson  
Betty Karnstedt  
Joe Coggins  
Roger McClure  
Daniel R (at Perry Corr Ctr.)  
Bill Moser  
*Dorothy Blasé:*  
Virginia "Ginnie" Jones at Westside Nursing  
*Joy Bowie*  
Marian Cobb: @ home  
Mildred Eick: @ home  
Bert Byers  
Jerry Frericks  
Joan Schrantz  
Larry Hyman  
Cliff Norman:  
Bernard & Ernestine Moore  
Atonement & St. James Congregations in LA  
*Mary Coffman (wife of Pr. George in Seneca)*  
Pr. Chris / Megann Crume & daughter Sadie  
*Pr. Bob Wind & wife Shirley*  
Pr. Dave Goodine & family  
Pr. Roger Lindler recovering at home

### Service people:

Tom Woods, Army National Guard in Afghanistan  
Brian Hayes: Naval serviceman  
CPL Austin Lawler, in Iraq (Duffau's friend)  
Jonathan Foster (Karla Huchel's nephew)  
SSG Jonathan Duffy (Leona's great-grandson)  
Philipp Stephenson (Jenine Bristol's nephew –  
serviceman- in Iraq)  
Richard Groen, nephew of Christine William's: service  
man  
Nick Gnemi (Craig Piepho's cousin in Baghdad)

### Family Members

Ruth Rolseth, (Marge Cermak's mother)  
Winston, Lynda & John (family of Geri Riitters)  
Curtis Rogers (Christine William's friend)

Martha Blanchard (sherry Dull's aunt)  
Glenn & Marilyn Beckum (Jim Derrick's  
friends)  
Trudy Creasy: (colleague of Jim Derrick)  
Dot & Jr. Hayes (Bonnie's in-laws) Huntington  
Nursng Home  
Roy Engelman (friend of Jim Derrick)  
*Mary Wendt (M McMahan's sis in law)*  
Suzanne Morris (Karla Huchel's niece)  
Richard Czaja (Johnson's friend)  
William White (Anne Johnson former son-in-  
law)  
Anne Gentry (Jill Ostendorff's mother)  
Lauren Gentry (Jill Ostendorff's niece)  
Jack Hiss (Leona S's son)  
Ashley Takacs (Leona's grt. Grnddaughter)  
Jessie Hall Leona's grandniece  
Terri Tacas (Leona S's grand-daughter)  
Jerry Wilz (Janet's husband)  
Terry Brokoff (Janet Wilz's brother)  
Sue McCutcheon (Karen Meyer sister)  
Jackie Parker: teacher @ SCSDB:  
Dennis Mayer (Gary Meyer's cousin)  
Michelle Evan (Gary Meyer cousin)  
Michael Meyer: (Gary's Meyer's brother)  
Debbie, (Gary Meyer's cousin).  
Ruby Holmes: (friend of K&G Meyer)  
Kimo Sanborn (Boller's bro-in-law)  
Larry Boller Sr. (Larry Jr.'s father)  
Harrison Williams  
Becky Demetroff (Barb K's sister)  
Jack Quinn (uncle of Cheryl Coggins)  
Ellen Bugno (Mike's mother)  
Lynn Alpers (Gretchen's grandma)  
Allison Broadway (friend of Kelly Piepho)  
Regina Reicroft (Joy Bowie's daughter)  
Pat Stephenson (Jenine Bristol's aunt)  
Martha Allhouse , (Helen Crossley dau.)



## CHURCH ENVELOPES:

Make sure you pick up your 2007 envelopes. You will find them on the table in the Multipurpose Room (by the bulletin boards) IRS will not accept your written record of cash donations for charity or church. You must have a receipt from the organization showing your donations. By using your envelopes for either cash or checks, a record is kept and a statement printed each quarter and at year end.

Keep Good Shepherd in mind as you plan your personal budget for 2007.

### ATTENDANCE:

Jan 24 Wed 7:00 PM—21  
Jan 28-8:30-31; 10:30-104 = 156  
Feb 4—8:30- 35; 10:30- 90 = 125  
Feb 7 Wed 7:00 AM -7; 7:00 PM— 15  
= 22  
Feb 11-8:30- 28; 10:30- 93 = 121  
Feb 14 Wed 7:00 AM —7  
Feb 18- 8:30- 38; 10:30—80 = 118  
Feb 20 (Shrove Tuesday) - 40  
Feb 21 (Ash Wednesday) -  
12:00- 24; 7:00- 72 = 96



A big thank you to everyone who participated in our first Shrove Tuesday Pancake Supper. A good turnout for our

first event. About 40 ate pancakes and enjoyed good fellowship. We plan on doing this again next year so put us on your calendar for Feb 5, 2008. Easter is Mar 23, 2008.

REMEMBER THE QUILL DEADLINE IS ALWAYS THE THIRD SUNDAY OF EACH MONTH, EXCEPT DECEMBER AND JUNE WHEN THERE IS NO PUBLICATION.. PLEASE HELP BY GETTING YOUR INFORMATION TO ME BEFORE THAT DATE.

### TIP OF THE MONTH:

Hate foggy windshields? Buy a chalkboard eraser and keep it your car. When the windows fog, rub with the eraser! Works better than a cloth!

### GOD USES WEAK VESSELS

Ever think you're just not good enough to be used by God? Don't forget.

- Moses stuttered.
- David was too young and he had an affair.
- Moses, David and Paul were Murderers.
- Noah got drunk.
- Abraham and Sarah were too old.
- John was self-righteous.
- Jacob was a liar.
- Miriam was a gossip.
- Jeremiah was suicidal.
- Jonah ran from God.
- Hosea's wife was a prostitute.
- Gideon and Thomas both doubted.
- Elijah was burned out.
- Martha was a worrywart.
- John the Baptist was a loud-mouth.
- Jesus was too poor.

But God doesn't require a job interview. He's not prejudiced or partial. He doesn't hire and fire like most bosses because He is more of a Dad than a boss!

Satan says, "You are not worthy." But Jesus intervenes for us by saying, "I am!"







## Joyce and Bob Becker

Both Bob and Joyce had their beginnings in New York. Manhattan born Joyce "moved all over" before settling in the Bronx, and Bob was born in the Bronx, moved with his family to Germantown, and later returned to the Bronx after two years service in the Navy. The couple met when they were both employed by the Metropolitan Life Insurance Company as messengers, "always coming and going." They also rode the Third Avenue "El" home to the Bronx together, and this eventually led to their first date on New Year's Day 1950. After going to the movies they walked around the entire Bronx Zoo talking. The conversation must have been wonderful, because they were engaged by Valentine's Day!

Since Joyce was entering nurses' training, the original plan was for the couple to delay marriage until she completed the 3-year program. However, when Bob was taken suddenly, and mysteriously, ill and spent three months in the intensive care unit, uncertainty about his future health prompted the couple to move the wedding up to September. Their union was the end of Joyce's nursing career, and the beginning of a marriage characterized by joy, love, and service to others.

After the Beckers married, they joined the Evangelical Lutheran Church and later affiliated with the LC-MS when they purchased a home on Long Island. Their three sons—Richard, Douglas, and Kenneth—were born in New York. In 1970, Met Life transferred Bob to Florida. "It wasn't hard to take," Joyce remembers. "We left in an ice storm and arrived to warm breezes and green grass." The Beckers settled in Florida for thirty-four years, where they became actively involved in St. Matthew Lutheran Church. Bob served as an elder and held a number of leadership positions, and Joyce was the Fellowship Chairperson, Thrivent president, and an LWML office holder. Both Joyce and Bob served with the Lutheran Braille Workers, helping to print, bind, and ship materials in 50 different languages to countries all over the world.

The congregation of St. Matthew was truly "second family" for the Beckers, so their decision to escape the hurricanes and move to Greenville, where two of their sons had settled, meant tearful good-byes. Joyce and Bob were delighted to discover that the Good Shepherd congregation was "just as warm and loving...We felt right at home!" In fact, they even have fond memories of the 2005 ice storm, because they enjoyed making friends with the Frericks, who invited the Beckers to stay at their home until power was restored. It didn't take long for Joyce and Bob to become actively involved in our church.

A self-proclaimed "collector," Bob collects old newspapers, coins, and presidential campaign buttons. He also designs and makes stained glass art, writes hymns, and loves to fish! Joyce has the family green thumb. She loves to garden and won State Fair ribbons for her greenhouse orchids.

## Cleaning Out What Piles Up

*If we have been united with him like this in his death, we will certainly also be united with him in his resurrection. For we know that our old self was crucified with him so that the body of sin might be done away with, that we should no longer be slaves to sin -- because anyone who has died has been freed from sin. Romans 6:5-7*

Having lived in South Carolina for almost seven years now, I certainly do not miss the “Yankee winters” of the northern states. During a recent phone call to my parents in Ohio, I was informed that there was 15 inches of snow on the ground! Another high-school friend recently e-mailed me and said that he had seven feet of snow mounds on either side of his drive way in Michigan.

Now don't get me wrong; I enjoy snow –once in awhile. However, I do recall not enjoying shoveling the stuff 2 to 3 times a day while living in Buffalo in the winter of 1998! The snowfall was so rapid and continual that the build-up in our driveway from the plowing produced a barrier, requiring frequent shoveling in order to keep the driveway clear. If I wanted to get the car in the drive, I HAD to clean out what had piled up!

If you think about it sin is like the snow. If not dealt with, it can “pile up,” creating a barrier between God and us. When this happens, sin can make it hard for us to move forward in life. We find that we need an occasional “clean out.” How does this happen? How can we shovel out the sin? WE can't! Romans 6:5-7 tells us that in our baptism, we have been sacramentally united with Christ in His death and resurrection. Sacramentally joined to Christ's death on the cross, our bondage to sin, and our desire for sin has died with Him. Then, joined to His resurrection, we are made alive to have fellowship with God. The pile up is cleaned out.

This sacramental union with Christ's death and resurrection in Baptism continues to “clean up our act” through out the life of the Christian. It is indeed as Martin Luther observed: *“Baptism takes only a moment to accomplish, but a lifetime to complete.”* The “pile up” is continually cleaned out as the promise of Baptism is applied to our lives again and again; each and every day. For those sins that we find especially troubling, Holy Absolution is available as a “personal word” of God to “clean up our act.” Absolution then takes us to the Lord's Table where we find additional grace in His body and blood *“given and shed for you.”*

These (sacramental) acts of God have their origin, promise and purpose in the Word of our Lord. The invisible yet incarnate Christ relates to us in visible ways (means of grace: spoken words and sacramental acts) to impart His forgiveness and life to our hungering souls. As we journey through Lent to the anticipated joy of Easter, our hunger is satisfied in Him who offers Himself for us.

As spring and the holy-days of Easter approach, we may not be dealing with piles of snow, but we will be cleaning out the accumulated winter debris and dirt. Shall we not also seek the “spring cleaning” that Lent, Holy Week and Easter offer to us? Join us in the journey!

Serving Together!

Pr. Steve

President's Report  
March 2007

**Southeastern District LCMS  
Borrowed Choir Robes  
[www.lcgs.org](http://www.lcgs.org)  
Building Committee**

Southeastern District LCMS

Pastor Steve and Steve Graef attended the ABLAZE Workshop in Hendersonville on Jan and the Circuit 18 Mission Conference Call on Feb . Pastor Steve and Mark Bristol attended the Theological Convocation in Charlotte, yesterday on February 10. The District is looking to Good Shepherd and all congregations to be a part of ABLAZE. ABLAZE is a congregational evangelism program and a Synod wide funding for missions program. **Council will evaluate how Good Shepherd can participate and recommend a course of action for the Voters to consider.**

Borrowed Choir Robes Lost in the Fire

At the request of Council, the \$1300 that has been contributed over the last several years earmarked to pay Oxon Hills Lutheran Church in Maryland for the choir robes loaned to us for our 50<sup>th</sup> Anniversary and burned in the fire, has been sent to them. As a side note, **2007 is their congregation's 50<sup>th</sup> Anniversary.**

www.LCGS.com Web Site

At the request of Council, Rob Freeland has been asked to chair a Web Site Committee assisted by Paul Ableman and Sue Schultz. They have now improved it to be informative to us and inviting for people surfing for a Lutheran church home. It is a quick reference for LCGS members as it will have a rolling 12 month calendar, constitution, and abridged version of the Quill. **Check it out.**

Building Committee

At the request of Council, the former Building Committee has agreed to research information about the scope and cost of implementing the building features that were deferred during the rebuilding of our church facilities. Examples include: elevator, equipment storage structure, irrigation system, etc.. They will report back to Council. Council will evaluate the information and bring it to the Voters.

**April Council Meeting will be on April 22 rather than on Easter, April 8.**



**March 11, 2007**

**QUILL DEADLINE, MARCH 18**

## Recipe Corner:

### HOME-STYLE LENTIL SOUP

10 Cups water  
5 vegetable bouillon cubes  
1 pound dried lentils, picked over, rinsed, and drained  
4 carrots, thinly sliced  
2 large onions, peeled and chopped  
1 celery stalk, chopped  
1 bay leaf  
3 Roma tomatoes, peeled and chopped  
1 6-ounce can tomato juice  
1 tablespoon apple cider-vinegar  
1/4 tsp freshly ground pepper

Bring water to a boil and add bouillon cubes. Add lentils, carrots, onion, celery and bay leaf. Reduce heat and simmer, covered, until the lentils and vegetables are tender, stirring occasionally—about 30 minutes.

Stir in the tomatoes, tomato juice, vinegar and pepper; add water until the desired thickness is reached. Cook, covered, stirring occasionally, until the flavors are blended. Discard the bay leaf and add salt to taste.

Hearty soups like this one taste even better if made in advance. Refrigerate this soup up to five days or freeze it up to 3 months. It will thicken slightly with time; just thin it with a little water when you reheat it on the stove top or microwave.

### MOUNTAIN HIGH CAKE

#### CAKE:

1 box orange cake mix  
1 small packet instant coconut cream pudding and pie filling mix  
1/3 cup vegetable oil  
4 eggs  
12 ounce can Mountain Dew (regular or sugar-free)

Cake: Mix all ingredients together and pour into 3-8 inch layer pans coated with Pam. Bake at 350 degrees until toothpick inserted in the center comes out clean. Cool completely or freeze.

#### FROSTING:

1 Large can crushed pineapple  
3 tablespoons flour  
2 tablespoons butter  
1 cup sugar  
1 small can sweetened flake coconut  
1 small tub Cool Whip (optional)

Frosting: Combine in saucepan 1 large can crushed pineapple (juice and all), 3 tablespoons flour, 2 tablespoons butter and 1 cup sugar. Cook until thickened, then add 1 small can sweetened flake coconut. Cool completely. Place between layers and cover cake. Optional: Cover frosted cake with 1 small tub Cool Whip.